

PREPARE MORE LAND —GROW MORE FOOD

"Seed and Feed" the Slogan of the Year.

The papers are filled with the appeal for soldiers, sailors and farmers, and all are timely, all are necessary. The sailor is needed to man the ships that protect the shores, police the seas and clear the ocean of tormenting and meddlesome masked buccaners, to give help to the allies, to make more efficient the present fighting units that are keeping free the sealanes and ocean routes. The soldier is required to keep alive and intact the unity of the nation and the freedom of the world, to protect the lives of its citizens from incursions without and raids within, to guard the honor and preserve the dignity of the great United States, to render not only sentimental but practical assistance to those who for two and a half years on the battlefields of Flanders and the steppes of the East have been fighting for the freedom of the world against a dominant autocratic and militarist Prussianism, which, were it to become successful, would mean autocracy, militarism and Prussianism, and a "get-off-the-sidewalkism" over the entire world. The allies are proud to welcome these new accessions to the fighting forces, which mean an earlier termination of the war and the dawn of an era that will be historic, one that we will all be proud that we lived in. Throughout all Canada, Great Britain, France, and all the allied countries, when the news was received that the United States had entered the war, a thrill went up and down the nation's sides, and the pulses throbbed with a new life, keenly appreciative of the practical sentiment that had brought to their sides an ally of the strength and virility of the United States.

But the soldier and the sailor need to be fed, and therefore the cry for agricultural enlistment. The strength of the fighting man must be maintained. In his absence from the field there comes the necessity for provision to take his place. The appeal for farm help is well timed, opportune and important. There are vacant lands aplenty in the United States that, given a fair opportunity under competent advisement and reasonable help, will produce abundantly. Western Canada also provides an excellent field for the prosecution of work in growing wheat and other grains, and while it is not the desire of the Canadian Government to draw from the resources of the United States, believing that it is the duty of every patriotic citizen to do all he possibly can to build up the stores of depleted foods and making use of every energy at home, the wish is to lay before the public the fact that Canada has millions of acres of excellent land capable of producing wonderful crops. If for any reason the reader, having patriotism and a love of his country in his heart, and a desire to forward the cause of the allies, cannot avail himself of the opportunities afforded in the United States, Western Canada will be glad to render him any assistance it can in locating him on its vacant areas, where large crops can be grown at minimum of cost. Let us grow the grain, raise the cattle, produce the food to feed our soldiers, our sailors and provide food for our allies, no matter whether it is done to the North or to the South of the boundary line that in the object in view should not be known as a boundary. Let us keep up the spirit of patriotism, whether it be growing grain in the United States or in Canada, but Canada, fully alive to the necessity, joins in the appeal of its allies—the United States—for more food and more food.—Advertisement.

Too Fast.

Young Lawyer—'I've won that case!
Wife—How careless of you! We needed the appeal money!—Town Topics.

HEAL BABY RASHES

That Itch, Burn and Torture With Cuticura—Trial Free.

A hot Cuticura Soap bath is soothing to irritated skins when followed by a gentle application of Cuticura Ointment. Use Cuticura for every-day toilet preparations to prevent such troubles. After this treatment baby sleeps mother rests and healthment follows.

Free sample each by mail with Book, Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

First Child Care.

Young Wife—Baby wants the moon.
Young Husband (nervously)—Don't let him have it. It is said that the moon causes lunacy in people.

FRECKLES

Now is the time to get rid of these ugly spots. There's no longer the slightest need of feeling ashamed of your freckles, as the prescription outline—double strength—is guaranteed to remove these homely spots. Simply get an ounce of outline—double strength—from your druggist, and apply a little of it, night and morning, and you should soon see that even the worst freckles have begun to disappear, while the lighter ones have vanished entirely. It is evident that more than one ounce is needed to completely clear the skin and gain a beautiful clear complexion.

Be sure to ask for the double strength outline, as this is sold under guarantee of money back if it fails to remove freckles.—Adv.

The annual loss in this country from bog cholera exceeds \$50,000,000.

Fads And Fancies Of Fashion

War-time makes us pause to think twice before indulging ourselves in new furbelows. We have looked to them heretofore, to provide that variety which is the spice of apparel, but now a sense of economy and fitness make some retrenchment the order of the day. But far be it from the American woman to allow her appearance to become favorless for lack of something new.

Her resource lies in and on her own head. Now is the time to experiment

cultivated sense of clothes must be about as cool and crisp looking as an icicle. Or they must be of soft, fascinating fabrics that look no more burdensome than a cloud, like the dress of white crepe shown in the picture.

If you know of a sweet girl graduate that hasn't settled upon the style of her frock for the great day, or a bride who is casting about for something beyond criticism for her bridesmaids, call her attention to this pretty model for a midsummer gown. It might be



MAGIC LIES IN COIFFURES.

with coiffures and blossom out in a new hair dress every once in a while. Few women realize what magic lies in the coiffure and how wholly the appearance may be changed by changing its style. Now that every woman is expected to do her bit by making herself useful in some direction she will have occasion to think up the best way of doing her hair for work and for play. We are about to get into thoroughly modern and up-to-date gardening clothes and to do real gardening and with khaki for other sorts of service.

A pretty coiffure is pictured above and it is a simple arrangement of the hair which is waved all round the head and parted at one side. It is parted at one side, either left or right

made of any thin, white or pale-colored material. Although it has only wide tucks for adornment it is interesting from the viewpoint of clever construction and it is youthful looking.

The skirt is made with a panel having four wide tucks at the front placed on its upper half. On the remainder of the skirt the tucks are on the lower half. In the bodice a vest of satin fastens along a diagonal opening at the front with little satin-covered buttons. The rest of the blouse is of georgette, with shirred shoulder seams and the fullness at the front is gathered into small head tassels. The long sleeves are finished with a row of satin-covered buttons along the outside seam. A girde of wide, soft satin ribbon is wrapped twice about the



ALLURING FROCKS FOR MIDSUMMER.

(whichever is more becoming), and brought down over the ears and forehead. Small lavalisse pins fasten it to place at the sides. The ends are rolled in small, soft, flat coils and pinned close to the head—one coil at each side of the back. They do not interfere with its contour.

When midsummer comes women take to simply decorative ideas on their hats and gowns and get away on many furbelows. The sheer

waist and tied in a knot at one side. An amateur in the art of dressmaking could hardly have any trouble in undertaking to copy this simple dress, and it would be a success in any of the soft and sheer materials that belong to summer time. The vest might be dispensed with and an underbodice of lace worn instead.

Julia Bottomley

The HOME BEAUTIFUL Flowers and Shrubbery Their Care and Cultivation



The Hydrangea Rightly Trained Is One of the Best Flowering Shrubs.

WORK AMONG THE FLOWERS

By E. VAN BENTHUYSEN.

Let the hedge take the place of a fence where possible about the home grounds. If the fence is imperative, let it be hidden by a drapery of vines—honeysuckle is the best permanent vine.

California privet lends the hedge plants in popularity; then comes barberry, Japanese quince, althea, buckthorn and some varieties of roses. For utility the osage orange.

Don't forget that rotation in the flower beds is as necessary as in the fields and gardens.

Go over the lawn and if you find moss rake it out. Cut well below the crowns of the dandelions and plantain. If possible topdress the lawn with leaf mold or thoroughly rotten straw or manure.

The continuous flowering border recommends itself to the busy housewife who wants a lot of flowers and who has but little time to give them. Prepare a border two or two and one-half feet wide and spade it two feet deep, enrich it with well-rotted manure. Into this border plant all sorts of annuals, perennials and bulbs, placing the tall growing ones in the back row and the short ones along the edge of the border. As the years pass, the border will grow in beauty and bloom ten months in the year—almost.

If you have a tree around the place that is dying and you want to renew its youth, plant woodbine at its base and in a very few years the tree will be covered with foliage and have waving banners more beautiful than in its prime of life.

You must dig deeply and thoroughly if early crops of flowers or vegetables are wanted. No matter what the texture of the soil, light or heavy, it is always improved by spading deeply.

LOOK OUT FOR YOUNG TREES

Young trees should be watched carefully and the open spaces in the ground about them, which have been made by the wind swaying the trees, should be well firmed down. This is important after the brisk, strong spring winds.

TULIPS

By L. M. BENNINGTON.

In a well-drained sunny bed tulip bulbs will live and increase from year to year, but should be lifted, divided, reset, every third year, as the clumps become too much crowded to thrive and bloom.

Tulips increase by bulblets which issue from the side of the larger bulbs. Under certain conditions, too, the larger bulbs split up into smaller ones.

In potting lilies, set the bulbs two inches or more beneath the soil. The larger the spot, the larger will be the plant. Auratum, speciosum, longifolium and brownii are all suitable for pot culture.

After potting, water and set in a dark closet or cellar, keeping the soil moist until roots form and the tops start, when the roots may be brought into a sunny room and thence to the garden.

The lilies named are not suitable for winter blooming, but will bloom in the spring if treated as suggested.

The Amazon lily (Eucharis) may be similarly cared for, but requires more heat, as it comes from a warm country.

EASY TO GROW TUBEROSES

These handsome stalk flowers are easily grown. Good rich soil is necessary. The flowers always sell readily and ship any distance without injury. Bulbs also sell well. Sort them into three sizes and make the price accordingly. Plant in a sandy soil about five inches deep.

A space in the backyard, a yard wide and two yards long, will produce a dozen fine stalks that will provide hundreds of flowers.

KEEP WATER IN PONDS PURE

To destroy insect life in lily ponds and to make the water pure, slake fresh stone lime in water, making a liquid as for whitewash. Stir this mixture into the water until it has become thoroughly incorporated. If not effective add a little more. The lime must be fresh and sharp.



Canterbury Bells.

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Over the Wine.
Ed—Are late hours good for one?
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A HINT TO WISE WOMEN.
Don't suffer torture when all female troubles will vanish in thin air after using "Feminina." Price 50c and \$1.00—Adv.

NEW EXPLOSIVE BEING USED

Rochambolite, introduced by French on Western Front, Has Terrible Effect on Enemy.

Rochambolite is a new and terrible explosive that has recently been introduced on the western front by the French and employed in the defense of Verdun, says the Argonaut. The explosive, when tested in action at Verdun, was found to possess a most terrible and demoralizing effect upon the Germans.

The explosive is a powder which, upon ignition, changes into a molten metal and a very large volume of gas in an infinitely small space of time. This sudden change in volume and the terrific heat which is generated cause an immense pressure on the walls of the vessel that contains it, shattering the walls and hurling the molten metal and wall fragments in all directions, spreading death and destruction in their path.

The effect of this molten metal on the Germans can hardly be imagined. Pieces of metal upon striking them immediately burn their way deep into the flesh, even to the bone, causing intense pain and suffering to the victim. So deadly and so demoralizing have the French found this explosive to be that they are now utilizing it on the entire front.

Her Weapon.
"That girl is fishing for admirers."
"Then, I suppose, she uses a bait line."

Appropriate Illustration.
"We've got a good story of the stabbing affray."
"Then run it in with a lot of cuts."



WHAT!
NO SLEEP
LAST NIGHT?

If coffee was
the cause
change to
POSTUM
and sleep!

"There's a Reason"